HEALTHY PIZZA POCKETS KIDS WILL LOVE FOOD {page 18}

LEAVE YOUR LEAVES EXPERTS SAY AN UNRAKED LAWN MAY HELP GRASS {page 19}

NEW TERRAIN COMEDIAN RUSSELL PETERS TAKES ON THE BIG SCREEN {page 14}

VANCOUVER metro®

Monday, September 26, 2011
www.metronews.ca

News worth sharing.

JOE CORRIGAN/GETTY IMAGES FOR TRIBECA FILM FESTIVAL

▶ Actor DJ Qualls during the 2009 Tribeca Film Festival in New York City.

Actor tweets his tale after alleged assault

▶ DJ Qualls is filing a formal complaint against the police officer who allegedly roughed him up for no reason ▶ He's demanding an apology and reimbursement for an $800 hospital bill

PHYLICIA TORREVILLAS
@METRONEWS.CA

Hollywood actor DJ Qualls has heated up the Twitterverse with details of his alleged assault at the hands of a police officer Friday night in downtown Vancouver.

"Just got out of the ER. Was beaten by a Vancouver police officer for no reason," he tweeted. "Was not arrested (because I) was innocent. I was handcuffed and bleeding while the cop kept saying to me, 'You think you're f—ing better than me?'"

The actor, known for his roles in teen comedies Road Trip and The New Guy, claimed it all started after he witnessed a man hitting a woman when he got out of a café and he tried to identify an attacker to a nearby police officer.

Vancouver police are investigating the claim through their professional-standards section. Qualls' run-in with the police was caught on tape and can be seen on TMZ.com.

▶ Screengrab from TMZ.com.

"(The officer) said if I didn't get out of there, he'd arrest me. I asked why and he tackled me, busted my face and handcuffed me," Qualls claimed. "Then (he) taunted me for half an hour before the ambulance came. I was held, no calls, no attorney, and I had to pay an $800 ER bill."

Qualls said he repeatedly asked for a badge number and identified the officer on Twitter. He demanded an apology from the Vancouver Police Department and full reimbursement of his hospital bill.

Vancouver police tweeted Qualls, who was in town shooting an episode of the TV show Supernatural, and asked him to contact the professional-standards section so they can investigate his complaint.

VPD spokesperson Const. Lindsey Houghton said in an email that they proactively reached out to Qualls and that investigators are assisting him through the complaint process.

Qualls tweeted yesterday that he's met with VPD representatives.

"So far, they have been helpful and supportive and we all look forward to a resolution of the situation," he wrote, adding the alleged assault doesn't change his view of Canada.

"I love Canada," Qualls tweeted. "I've had so much fun here and have many Canadian fans and good friends. I'm not letting one bad night change that."

Reaction on Twitter {page 13}

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HIV testing to help measure epidemic

The full magnitude of Vancouver's HIV epidemic will be easier to gauge now that hospitals are offering testing.

Simon Fraser University health sciences adjunct professor Krisztina Vasarhelyi says the extended testing will not only help treat more patients but also help her team calculate HIV-infection rates more accurately.

"It's a positive move and has the potential to uncover many of the undiagnosed cases," said Vasarhelyi, who is working with the B.C. Centre for Excellence in HIV/AIDS to come up with math models to track the spread of the virus.

Local health-care providers estimate that 27 per cent of HIV patients are unknowingly carrying the virus and are at risk to spread it.

Vasarhelyi says the estimate, based on data from national public-health agencies, has the potential to be much more accurate now that widespread testing is available. "Many years can pass before symptoms show," she explained. "It's important to understand the scope of the epidemic and measure it for effective intervention."

IMPACT-HIV, the collaborative group of SFU mathematicians and the B.C. Centre for Excellence in HIV/AIDS, will immediately begin compiling data from the expanded testing to see how much of an impact it has on prevention efforts.

MATT KIELTYKA

METRO FILE

▶ An artist's rendering of the Edgewater Casino expansion. The proposed expansion was not approved by Vancouver's city council.

Believing in the bet: City wants to clean up casinos

UBCM annual convention begins today ◐ Vancouver wants changes made to gaming enforcement after Edgewater expansion rejected

MATT KIELTYKA
@METRONEWS.CA

Vancouver is hoping the Union of B.C. Municipalities can help them put pressure on cleaning up crime in casinos.

Coming off the rejection of the planned Edgewater Casino expansion at BC Place, Vancouver councillors have drafted a resolution for this week's UBCM annual convention aimed to "restore public confidence in the integrity of the gaming system."

Vancouver asked the UBCM to endorse separating the Gaming Policy Enforcement Branch and the B.C. Lottery Corporation into different ministries, conduct a review of public gaming, and review the province's obligation to charities for gaming revenue.

Coun. Geoff Meggs said the casino issues before the UBCM were all concerns brought up in council chambers by the public and experts when the Edgewater Casino expansion plans were being debated.

"Our council heard the public loud and clear. Even BCLC's polling showed public confidence in casinos was dropping," Meggs said.

He added there is an "inherent conflict of interest" when the same ministry is in charge of game enforcement and maximizing revenues and the issue needs to be addressed.

The city ended up rejecting the expansion plans due to the concerns and outspoken public opposition, but have left the door open for the Edgewater Casino to move to the BC Place lands in its current size.

Creating a plan for the transfer is "actively ongoing" within BCLC, Meggs said.

1 news

A group wants the federal government to investigate Dick Cheney, who will be in Vancouver today as part of his book tour. Scan code for story.

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An increasingly gloomy economic outlook is dragging down commodity prices, and that's bad news for the TSX. Video at metronews.ca

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Family says, 'yes, in our yard'

An East Vancouver family opened up their backyard yesterday to kick off the Yes In My Backyard (YIMBY) campaign.

YIMBY was created to counter the NIMBY (Not In My Backyard) attitude of residents who oppose places like homeless shelters and social housing in neighbourhoods.

The toolkit, created by Pivot Legal, aims to address homelessness, addictions, and mental illness with safe and supportive housing.

"(The kit) explains how to speak to the media and how to talk about common misconceptions and concerns people might have about homeless shelters," said Pivot campaign director Darcie Bennett.

ARIANA KAKNEVICIUS

ARIANA KAKNEVICIUS/METRO

▶ YIMBY activists meet at a home to launch the project's new toolkit.

Surrey singer nets karaoke bronze in U.K.

Jerrica Santos wins third best female karaoke singer in the world

CHELSEA ALTICE
VANCOUVER@METRONEWS.CA

Anyone who has ever gotten behind the mic to belt out scrolling lyrics to a cheesy '90s pop song or '70s rock ballad may have been struck with the dream of karaoke stardom.

But for Surrey's Jerrica Santos that dream is reality as the 23-year-old can honestly say she is among the world's best karaoke singers.

Santos' smooth R&B vocals merited a bronze podium finish for Canada at the Karaoke World Championship in Ireland earlier this month.

After winning the Canadian karaoke crown at Vancouver's Edgewater Casino in July, Santos was sponsored to fly overseas for the world competition.

Her father Rolando flew to Ireland to support her.

"Sometimes I get more nervous than her," he said. "As a parent, that's what we do."

However, Rolando said it wasn't the first nerve-racking experience: Jerrica was only 16 years old when she became one of the 32 finalists for Season 2 of Canadian Idol.

"It's just what she loves to do and we're so proud of her," Rolando Said.

KARAOKE MEDIA SPAIN/YOUTUBE

▶ Surrey's Jerrica Santos wins third in the Karaoke World Championship in Ireland.

Beluga's death blamed on heart failure

CONTRIBUTED/VANCOUVER AQUARIUM

▶ Tiqa

Tiqa the beluga whale died of heart failure, a necropsy has confirmed.

The Vancouver Aquarium's three-year-old beluga calf died from a massive accumulation of fluid around her heart and lungs due to cardiovascular failure, said aquarium veterinarian Dr. Marin Haulena in a statement.

Dr. Stephen Raverty, a veterinary pathologist with the Ministry of Agriculture's animal health centre, said that based on recent results, Tiqa's death couldn't have been predicted nor prevented.

"Lesions in the heart and other organs indicate that there was ongoing heart failure for some time," Raverty said. "The cause of the heart lesions is not known but could be congenital, related to toxins or ... an undetected virus or other organism."

Tiqa suffered from pneumonia based on preliminary results but final test results are pending.

PHYLICIA TORREVILLAS

NIMPO LAKE

Delta probes shooting

The Delta Police Department has assumed control of an investigation in Anahim Lake where a man was shot and killed by RCMP.

Mounties were called into the area of Nimpo Lake, south of Anahim Lake, at 12:30 a.m. Saturday to respond to an unspecified disturbance.

During the incident a man from Williams Lake was shot by an officer and died, police say.

The RCMP have released few details, including the identity of the man shot.

They did, however, reach out to Delta police to conduct an independent investigation.

The scene was secured yesterday as a team of Delta investigators was rounded up, though travel to the north was restricted by weather conditions.

Delta police say they won't be able to provide any new information until their investigation is in full swing.

MATT KIELTYKA

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Abbas returns to hero's welcome

Leader has asked UN Security Council to recognize an independent Palestine in the West Bank

President Mahmoud Abbas received a hero's welcome yesterday from thousands of cheering, flag-waving Palestinians, having made a bid for UN recognition that appears destined to fail but has allowed him to finally step out of the shadow of his iconic predecessor Yasser Arafat.

The crowd, many of them holding posters of Abbas, repeatedly chanted his name as he spoke. Abbas was uncharacteristically animated, shaking his hands, and charming the crowd with references to "my brothers and sisters."

Abbas' call on Friday for the UN to recognize Palestinian independence has

MAJDI MOHAMMED/THE ASSOCIATED PRESS

transformed him in the eyes of many Palestinians from grey bureaucrat to champion of their rights.

Though Israel and the U.S. oppose the move and consider it a step back for long-stalled peace talks, it could help Abbas overcome internal struggles and gain the support he will need to get a deal through one day.

He cautioned that the Palestinians face a "long path" ahead. "There are those who would put out obstacles ... but with your presence they will fall and we will reach our end," he said. THE ASSOCIATED PRESS

"We have told the world that there is the Arab Spring, but the Palestinian Spring is here. A popular spring, a populist spring, a spring of peaceful struggle that will reach its goal."
MAHMOUD ABBAS, PALESTINIAN PRESIDENT

▶ Palestinians dance and sing prior to the arrival of Palestinian President Mahmoud Abbas at the government compound, in the West Bank city of Ramallah, yesterday.

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BERNAT ARMANGUE/THE ASSOCIATED PRESS

U.S. vows to veto request

The U.S., as a member of the UN Security Council, has already promised to veto the request for recognition if the Palestinians can muster the nine votes needed for passage — which itself is far from certain.

If that happens, the Palestinians say they will seek enhanced observer status from the General Assembly, as a "nonmember state." Passage is virtually guaranteed, but this would be largely symbolic.

The Palestinians believe an international stamp of approval of a Palestine in the 1967 lines would bolster their negotiating position in the future.

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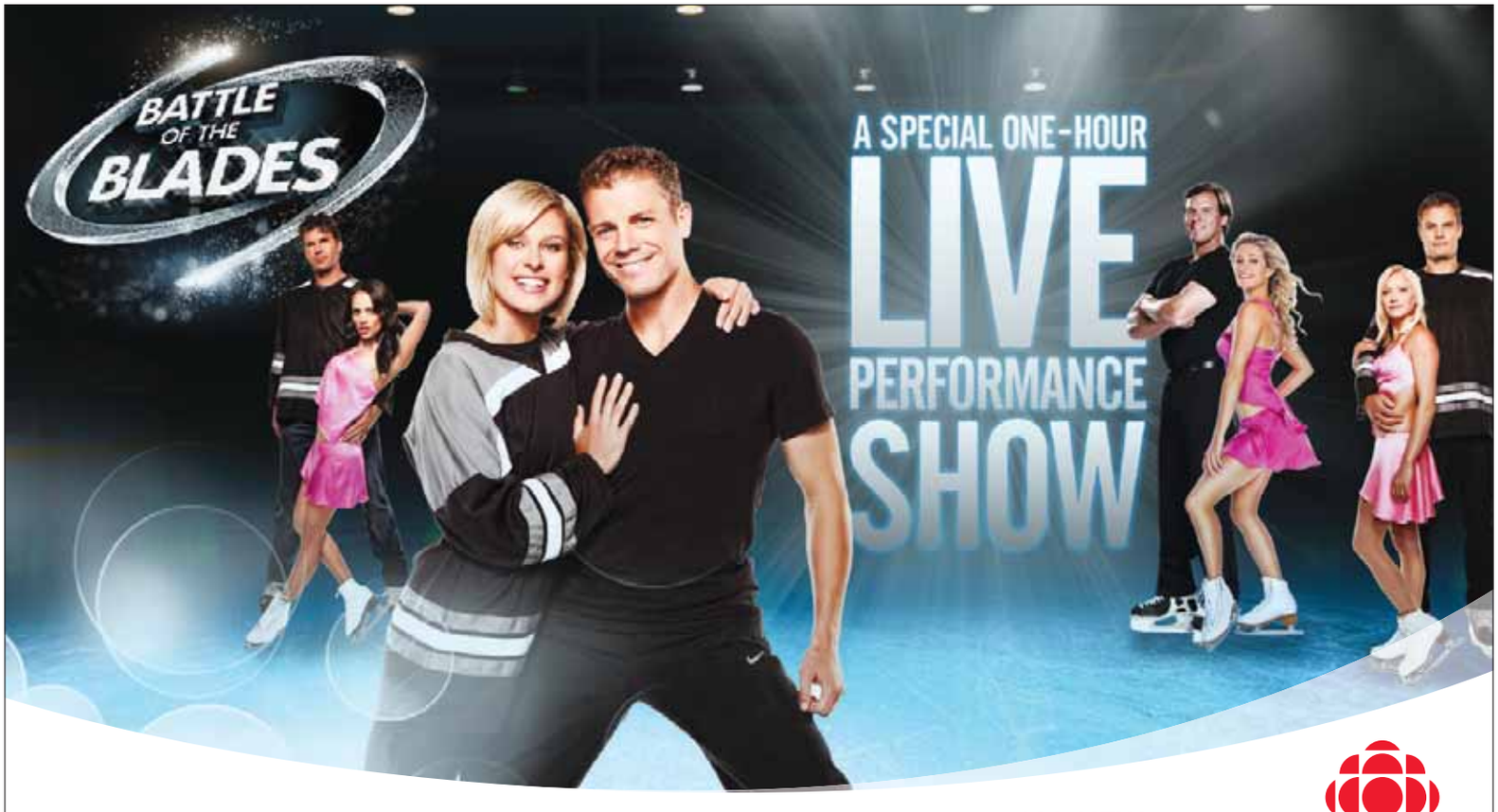

cbc.ca/battle

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CBC

Oilsands protesters prepare for battle

Demonstrators receive tips on how to handle confrontation with authorities on Parliament Hill

Protesters were already filing into Ottawa yesterday for a showdown with the federal government over its support for the oilsands and a plan to build a giant pipeline from Alberta to Texas.

After the high-profile arrest of celebrities and about a thousand activists in Washington last month for their attempts to stop approval of the Keystone XL pipeline, Greenpeace and other groups hope to gain similar notoriety in Canada with a civil disobedience protest on Parliament Hill today.

THE CANADIAN PRESS

Stars to attend

Stars such as Gordon Pinsent, musician David Bidini and indigenous celebrity Tantoo Cardinal are expected.

- Already the plans for a sit-in have had a polarizing effect, with both Prime Minister Stephen Harper and Natural Resources Minister Joe Oliver making a point of defending the pipeline late last week.
- Environmentalists fear that spills would lead to irreversible damage.

EVAN VUCCI/THE ASSOCIATED PRESS FILE

▶ In this Aug. 30 file photo, actress Daryl Hannah is arrested by U.S. Park Police during a Keystone XL Pipeline protest in front of the White House in Washington.

Scientists against seal-cull plan

Two of Canada's leading marine biologists and a conservation group say a five-year proposal to slaughter 140,000 grey seals in the southern Gulf of St. Lawrence is being driven by politics, not science.

"I don't support it," said Hal Whitehead, a professor at Dalhousie University in Halifax. "From what I've seen of the rationale, it doesn't make much sense to me."

Boris Worm, a Dalhousie biology professor said former fisheries minister Gail Shea had said a cull was a good idea in 2009, and federal scientists have since been pushed to justify that decision.

THE CANADIAN PRESS

News in brief

Man charged in wife's murder

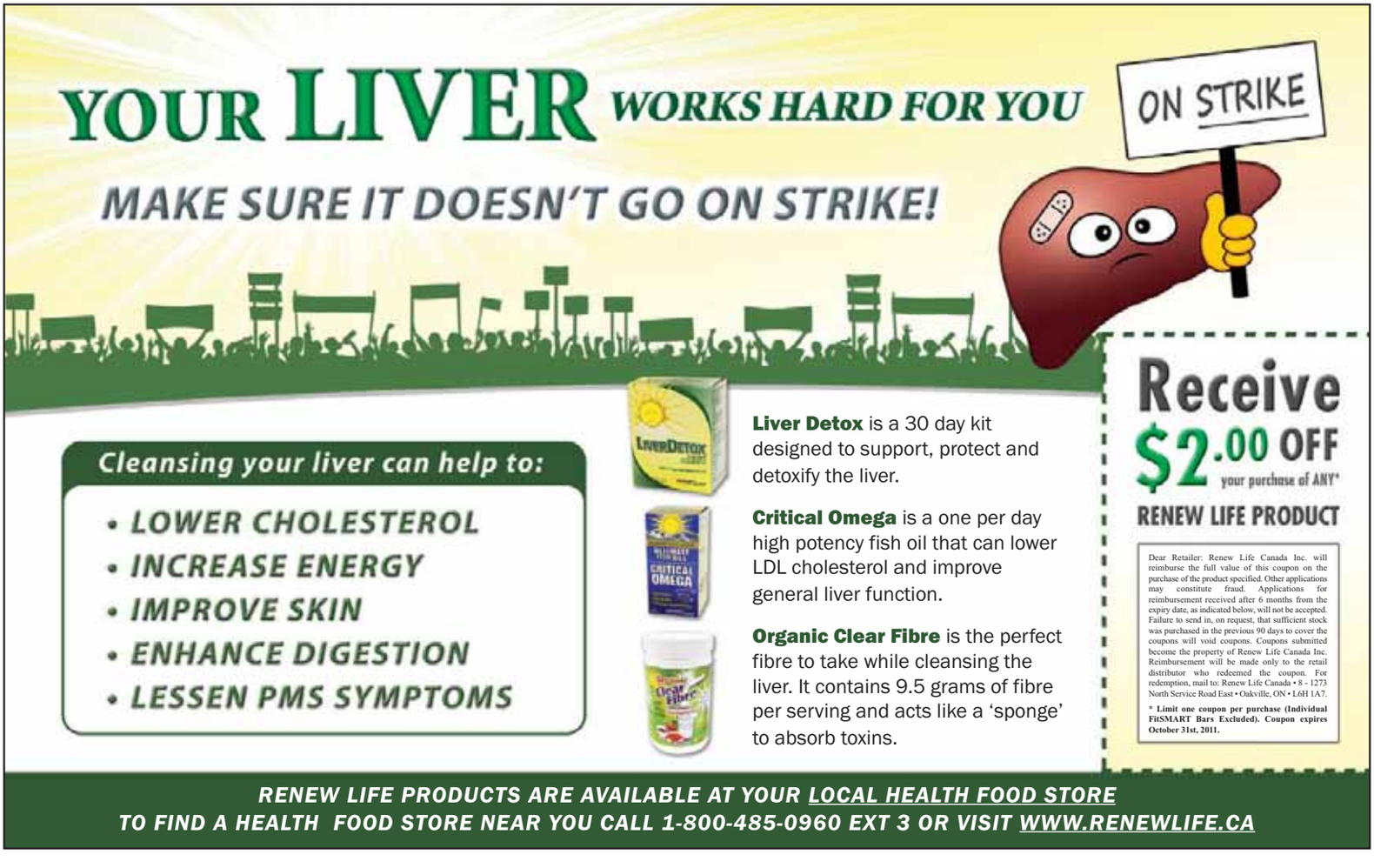
JERSEY CITY, N.J. A New Jersey man has been charged with killing his Canadian-born wife after police found her remains in a cement-filled drum.

Prosecutors said Steven Acuna was charged after police found the remains of Randy Lehrer in the basement of a Jersey City building.

THE CANADIAN PRESS

Parents drown trying to save kids

SAGUENAY, QUE. Two men and a woman drowned Saturday night trying to rescue their children from a river in Quebec's northeast Saguenay region. The children were saved. THE CANADIAN PRESS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Mass grave found in Libya

Libyan officials have discovered a mass grave containing the remains of 1,200 inmates killed by the regime of Moammar Gadhafi in a 1996 prison massacre.

A military spokesman and members of a committee tasked with finding mass graves said they were confident the field outside the walls of the notorious Abu Salim prison holds the remains of the prison-massacre victims based on information from ex-regime officials who have been captured in the fight against the authoritarian leader.

THE ASSOCIATED PRESS

The grave

- Excavation has not begun, although bone fragments and pieces of clothing were found.
- Soldiers and relatives sifted through sand yesterday, to display pants and other remains to reporters.

Saudi women get right to vote

Women can vote, run as candidates for first time in history Reforms seen as giant step toward equality

Saudi King Abdullah announced yesterday that the nation's women will gain the right to vote and run as candidates in local elections to be held in 2015, in a major advancement for the rights of women in the deeply conservative Muslim kingdom.

In an annual speech before his advisory assembly, or Shura Council, the Saudi monarch said he ordered the step after consulting with the nation's top religious clerics, whose advice carries great weight in the kingdom.

"We refuse to marginalize the role of women in Saudi society and in every aspect, within the rules of Sharia," Abdullah said, referring to the Islamic law that governs many aspects of life in the kingdom.

HASSAN AMMAR/THE ASSOCIATED PRESS

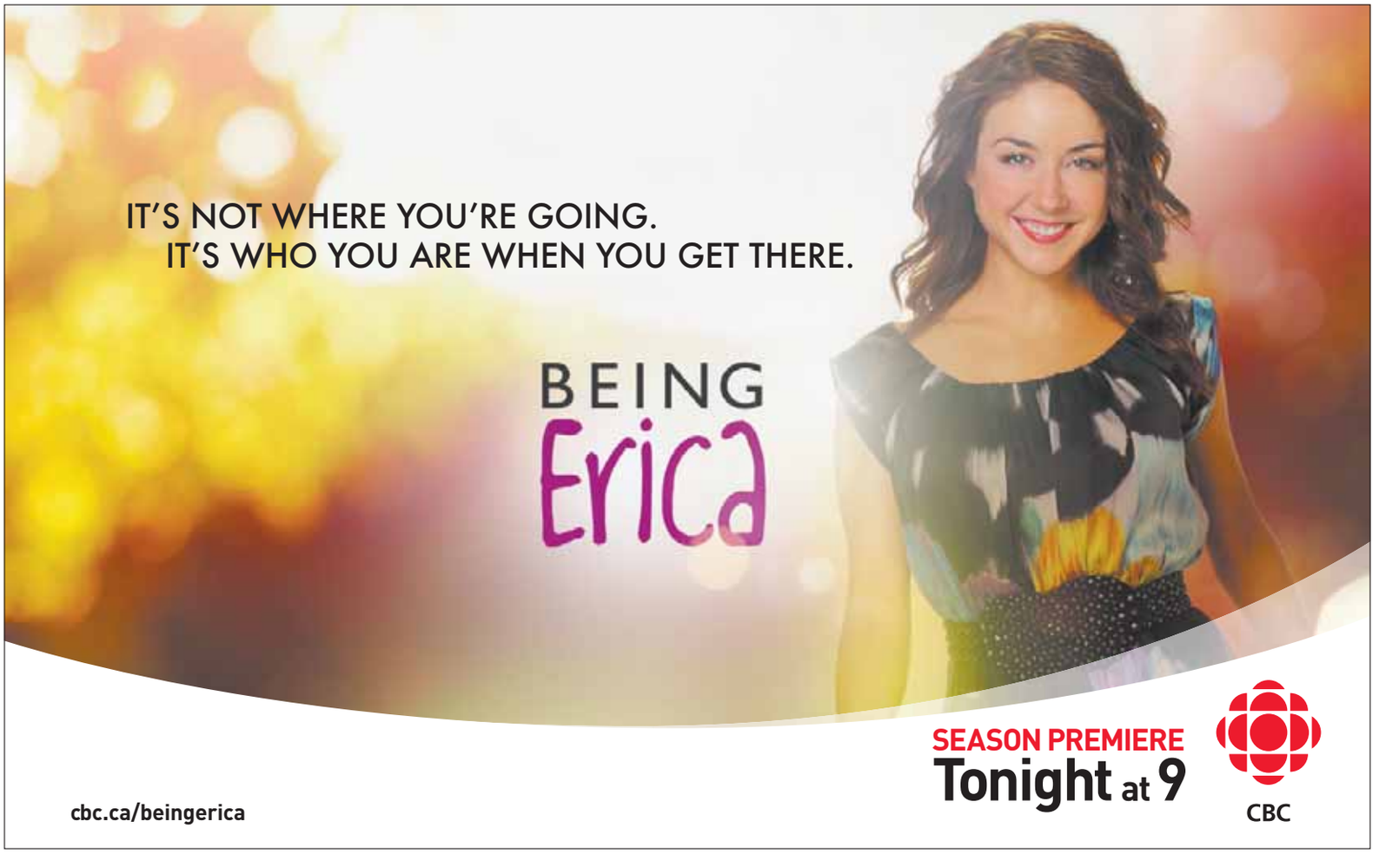
▶ In this file photo, Saudi women attend the traditional Arda dance.

The kingdom's great oil wealth and generous handouts to citizens have largely insulated it from the unrest sweeping the Arab world. But the king has taken steps to quiet rumblings of discontent that largely centred on the eastern oil-producing region populated by the country's Shiite Muslim minority.

Abdullah said the changes announced yesterday would also allow women to be appointed to the Shura Council, the advisory body selected by the king that is currently all male.

The kingdom will hold its next municipal elections on Thursday, but women will not be able to vote or run in those contests.

THE ASSOCIATED PRESS



TINA FINEBERG/THE ASSOCIATED PRESS

▶ Rachael Pletz, right, holds up a sign as she and others participate in a march organized by Occupy Wall Street on Saturday in New York City.

Arrests at Wall Street protest

Charges include disorderly conduct and resisting arrest, police said ◐ Protest enters its second week

About 80 people were arrested Saturday as demonstrators who were camped out near the New York Stock Exchange marched through lower Manhattan, police said.

The Occupy Wall Street protest is entering its second week. Demonstrators said Saturday they were protesting against bank bailouts and the mortgage crisis; some also held signs decrying Georgia's execution of Troy Davis, who was put to death last Wednesday for the 1989 slaying of an off-duty Savannah police officer.

At Manhattan's Union Square, police tried to corral the demonstrators using orange plastic netting. Some of the arrests were filmed and activists posted the videos online. One video appears to show officers using pepper spray on women who already were cordoned off; another shows officers handcuffing a man after pulling him up off the ground, blood trickling down his face.

Police say the arrests were mostly for blocking traffic. Charges include disorderly conduct and resisting arrest. But one demonstrator was charged with assaulting a police officer. Police say the officer involved suffered a shoulder injury.

Protest spokesman Patrick Bruner criticized the police response as "exceedingly violent" and said the demonstrators sought to remain peaceful.

Police had no comment about the videos or the arrests. THE ASSOCIATED PRESS

Resistance to banking reform taken to task

ADRIAN WYLD/THE CANADIAN PRESS

▶ Carney

Canada's Mark Carney waded into the touchy and controversial issues facing the American financial system yesterday, dismissing concerns — or excuses — about banking reform.

Speaking at a financial convention in Washington, the Bank of Canada governor gave a spirited defence of new international rules, and chided resisters as misconceived or fatalistic.

He noted that such thinking led to abuses and excessive risk-taking that resulted in the recent collapse of the system, leading to a global recession still haunting economies today.

Carney's speech to the Institute of International Finance follows two days of meetings in which global policy-makers grappled with the recession's consequences and sought measures to prevent another.

Canada, along with the U.S. and some non-eurozone countries, applied pressure on European leaders to commit to an expanded emergency fund.

Carney suggested the fund should be about one trillion euros, more than twice the commitment. He added that it should not be forgotten what got the world into such a mess.

"Indeed, at a time when the conviction of policy-makers across a range of issues is being called into question, there appears to be little value in feeding this concern."

He also pointed out that it is a far greater probability that credit has slowed because would-be borrowers can't afford more debt. THE CANADIAN PRESS

Market moment

Dollar	Natural gas 1,000 cu ft
- 0.19¢ (97.14¢ US)	$3.72 (+ 2.0¢)
Gold contracts	$1,639.80 (- $101.9)
Oil	**TSX**
- $2.10 US ($78.41 US)	- 99.64 (11,462.87)

Touted jet arrives

Boeing delivered its first 787 jet yesterday.

The new jet, which was supposed to be flying passengers three years ago, was delayed by production and design problems. Airlines expect it to offer travellers more comfort, open up new routes and provide significant fuel savings. Airlines love the jet, which Boeing calls the Dreamliner and have ordered 800. THE ASSOCIATED PRESS

Merchant fights for asbestos

A prominent asbestos merchant is headed to Parliament Hill as part of a broader counter-offensive to salvage the reputation of his beleaguered industry.

Baljit Chadha is fighting back this week after Canada's asbestos sector has absorbed a public-relations pummelling, both here and abroad, in recent months.

This comes at a critical time. The Quebec government is considering whether to help Chadha save one of Canada's last two asbestos mines, in the town of Asbestos, with an Oct. 1 deadline looming.

Chadha is determined to dispel what he describes as myths about the contentious mineral, which he argues has been unfairly vilified by a highly organized "anti-asbestos lobby."

He plans face-to-face meetings today with his most vocal critics, including New Democrat MP Pat Martin. THE CANADIAN PRESS

THE AWARD FOR LEAST FAVOURITE PREMIER GOES TO ...

URBAN COMPASS

PAUL SULLIVAN
METRO VANCOUVER

It looks as if Gordon Campbell, who left office as the least popular premier in the history of British Columbia, won't turn up to accept his Order of B.C. at the awards ceremony Oct. 4.

He has a scheduling conflict, which is politician-speak for "Why would I attend my own lynch mob?"

The tsunami of hate that followed his getting the award swamped what was left of his reputation and assured he'll be as far away from the ceremony as a man can be.

Now that he's Canada's High Commissioner to Britain, he can safely divide his time between London and his favourite Maui retreat and wait until the heat dies down in B.C. If it ever does.

This level of outrage over a ceremonial award is unprecedented. You'd think Campbell got away with murder, and many of his fiercest critics are thinking exactly in those terms: This guy saddled us with the HST when he said he wouldn't. He sold BC Rail when he said he wouldn't. He compromised BC Hydro by opening the door to private power companies. He scurried off to London and left us with a big fat deficit thanks to a spending spree that included almost $600 million for a new roof on BC Place. Good idea, that one.

"Let's not forget Gordon Campbell is our own creation. We elected him three times, which is still less than W.A.C. Bennett's record of seven terms in a row."

Before we tie the noose around his neck, let's not forget Gordon Campbell is our own creation. We elected him three times, which is still less than W.A.C. Bennett's record of seven terms in a row, but that was before the Internet and Twitter changed the game, requiring a different breed of politician. Like Ashton Kutcher, maybe.

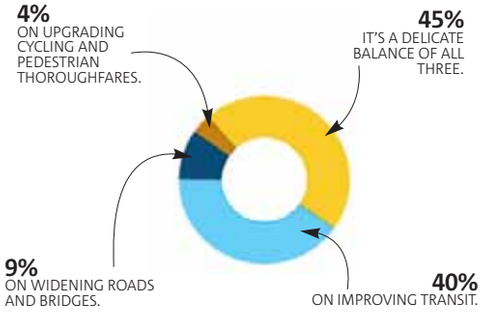
As for the HST, Jean Chretien did exactly the same thing when he told everyone he would rescind the GST and then changed his mind once he got elected and got a look at the moths flying around the federal wallet. Chretien is still fondly remembered as the "little guy from Shawinigan." Campbell will be remembered for his mug shot, commemorating B.C.'s only DUI premier. I bet the committee assessing this year's crop of nominations wishes Campbell's nomination had been lost in the mail. What were they supposed to do? Turn him down? Send him home to say five Hail Marys and five Our Fathers? Recommend he try some other province, like P.E.I.?

The only thing worse than giving him the award would have been rejecting the man, who was, after all, the face of B.C. during the triumphant Winter Olympics. Or, now that he's not showing up, they could just give it to Sumi, Quatchi and Miga instead.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

How is money best spent when addressing traffic congestion?



Local tweets

- **@TheOnlyDJQualls:** Before it hit the news, just got out of the ER, Was beaten by a Vancouver Police Officer for no reason. Got stitches and released.
- **@Andy_Richter:** My friend @TheOnlyDJQualls got beaten up by a Vancouver PD officer. Go to DJ's feed, read about it, and raise a stink if you feel like it.
- **@VancouverPD:** @TheOnlyDJQualls Please contact our Professional Standards Section. They are investigating your complaint - http://ow.ly/6DM0A
- **@fantastak:** @TheOnlyDJQualls sorry to hear what happened in our city! Granville is not a place that reasonable people hang out! I'll show u around xo
- **@sweetdreamdust:** @TheOnlyDJQualls I hope ur doing ok I think its terrible what happened 2 u! Talk about abuse of power man Can't wait 2 see u on Supernatural
- **@Princess73ca:** @TheOnlyDJQualls so excited that U'll B on 1 of my fav shows-can't wait 2 C it! Glad 2 hear U still luv us Canadians 'cause we luv u!

Final. Bullfight

▶ Bullfighter Jose Tomas performs during the last bullfight at the La Monumental yesterday in Barcelona. Starting today, Metro will select a photo from around the world and publish it in this space.

DAVID RAMOS/GETTY IMAGES

Photo of the day

Matadors drove killing swords into bulls for the last time in Spain's region of Catalonia in an emotional farewell fight before a regional ban on the country's emblematic tradition takes effect.

Don't have a condom? You could try this

On the occasion of World Contraception Day, Metro sat down with Prof. Robert Jütte, author of the book Contraception: A history, to talk about the history of contraception.

Egyptian style. "In ancient Egypt, crocodile dung was used as a pessary. It sounds weird and revolting, but now we know that it's not as crazy as one might think as some of the ingredients change the pH value in the vagina to create a bad environment for the sperm."

Smooth condoms. "The first undisputed description of the condom — done by 16th-century Italian physician Gabriele Falloppio — mentioned it was made of cloth. This type did not feel very sensitive at all. In comparison, for a very smooth condom material, animal intestines or a fish's air bladder were used."

Ancient Rome. "Believe it or not, people did wear amulets like they do talismans as a means of contraception. Worn around the neck, these amulets contained ingredients we would describe as complete nonsense for a contraceptive."

Myths. "I once read in a British opinion poll that some women thought that by simply closing your eyes you can avoid conception. Other old-lady 'recipes' include washing after intercourse."

METRO WORLD NEWS

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2 scene

Box office

Studio estimates Sunday put Walt Disney's The Lion King reissue at No. 1 again with $22.1 million. That puts it just ahead of Pitt's baseball drama Moneyball, a Sony Pictures release that opened at No. 2 with $20.6 million. Debuting closely behind at No. 3 was the Warner Bros. family film Dolphin Tale with $20.3 million.

THE ASSOCIATED PRESS

Malkovich says playing aging Siberian mobster in U.S.-Italian movie was 'delightful.'

HANDOUT

▶ Comedian Russell Peters co-stars in Breakaway.

Peters dares to dream

Comedian Russell Peters takes on the big screen in Breakaway Film about an Indo-Canadian hockey team a broader story of a regular guy with a dream

STEVE GOW
SCENE@METRONEWS.CA

Russell Peters may have mastered the comedy stage by selling out concerts (including Madison Square Gardens) around the globe but conquering Hollywood has taken a bit longer.

"The challenge for me has been getting the right roles," explained the Toronto native recently. "I've been offered a ton of (movie parts) but do I want to play the 7-11 guy or the taxi guy? Hence my movie career has been slower than most."

Things may be changing for the man who has sold hundreds of thousands of his comedy DVDs. Now co-starring in this Friday's release of Breakaway, Peters has found his place in what's likely the first-ever film about an Indo-Canadian hockey team.

"I'd like to say that I was the seed for (Breakaway) because I used to do a joke about an all-Indian hockey team," said Peters. "I used to do a joke about the Toronto Maple Sikhs and (writer and star Vinay Virmani) even told me that's what gave him the idea for writing this film."

It's an obvious point of pride for Peters, even if playing Canada's national sport isn't.

"I can't stand the game," said Peters. "There's a whole generation of Indo-Canadians that grew up loving hockey. I would go out and say I'm very much in the minority for not liking hockey."

Instead, Peters offers that he related to the film's central story about a striving first-generation Sikh athlete who must deal with issues of family and identity in discovering his life's ambition.

"It's really about the immigrant experience and it just happens to circle around this particular group," said Peters.

"But it's the same story for every first generationer. And even if you're not a first-generation immigrant family, you can still relate to it — it's about a guy with a dream."

Life of laughs

Why Russell Peters will never quit stand-up comedy:

▶ "Stand-up comedy is not one of those things you choose to do, it chooses you. If I have time off, my immediate reaction is I need to get on stage — it doesn't matter where it is."

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All My Children leaves TV

TV execs consider soaps a losing cause, more costly to produce than talk or reality shows and with a dwindling audience Show may continue online

Tissues were on hand but there were few tears among two dozen soap opera fans gathered to watch All My Children sign off from ABC on Friday after more than 40 years.

That's because the screen faded to black with a gunshot and a cliffhanger — an indication that the story may not be dead, even if the television series is.

ABC has licensed the story to a production company that is hoping to keep the All My Children going online after the first of next year.

"I think it's better than the whole town getting shot up. That wasn't so bad."

ALL MY CHILDREN FAN CHRISTINE LEVITIN-BREYETTE, ON THE ENDING

Carolyn Hinsey, author of Afternoon Delight: Why Soaps Still Matter, organized a watching party at a Manhattan sports bar as a message to television executives who apparently think soap operas don't matter anymore.

Two of ABC's three daytime dramas, All My Children and One Life to Live, were cancelled this year.

That leaves only four soaps on network television, with General Hospital the only one on ABC when One Life to Live formally leaves in a few months.

"The soap fans are still there," said Marie White, who drove in from Baltimore for the party.

"It's just that Nielsen doesn't count them."

Nielsen, the television ratings company, doesn't count White. She keeps up with her favourites online these days.

Partygoers booed loudly when ABC ran a commercial for The Chew, the cooking show that will replace All My Children next week.

They saved their loudest cheer for when Erica Kane, the soap's most memorable character, portrayed by Susan Lucci, learned she would not get married again — at least not yet.

She saved her final words on television for a promise to keep pursuing her beau even after he told her to have a nice life — without him.

Some of the final episode's dialogue felt more like actors talking to viewers, or television executives, than as part of the story.

The big ending

- **The final episode** ended with most of the show's characters together for a party — celebrating engagements, a pregnancy and some medical miracles.
- **Conflict:** Yet the character J.R., riled because he lost his business and fortune and because his wife left to raise their baby son with a lesbian, lurked outside with a gun.
- **Suspense:** The series ended as he fired. Left unseen was who, if anyone, J.R. shot — homage, perhaps, to the famous 1980 Dallas cliffhanger that became known as Who Shot J.R.?

CHARLES SYKES/THE ASSOCIATED PRESS

▶ Fans gather to watch the final episode of All My Children at Blondies Sports Bar Friday in New York.

One example was when actress Debbi Morgan spoke soon after her blind character, Angie Hubbard, had her sight restored.

"One day our family and friends will be gone and they won't be back," she said. "They'll be gone for good. What if that day were today?"

Asked by Hinsey, a handful of people at the Manhattan party said they rated the final episode an 8 on a scale of one to 10. Many said they had heard rumours that the ending was going to be much bloodier.

THE ASSOCIATED PRESS

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Lindsay's in a relationship — let the drama begin

Actress is reportedly seeing a New York hotel magnate
Rumour has it that she and his wife haven't really hit it off

ALL PHOTOS GETTY IMAGES

▶ Lindsay Lohan

Lindsay Lohan is reportedly clashing with her rumoured new boyfriend's estranged wife, according to the New York Post.

Lohan is said to be dating New York hotel magnate Vikram Chatwal and even staying at his house, though she was reportedly instructed to make herself scarce before Chatwal's wife, Priya Sachdev, got back to town.

A miffed Lohan then reportedly confronted Chatwal at a dinner he was hosting at his hotel.

"Priya was very dignified, but Lindsay was so rude," a source tells the newspaper.

"She acted as if she'd had no idea Vikram was married and tried to make it clear that Vikram was her friend. Others had to step in to calm things down." Lohan's rep insists the two are not romantically involved. METRO

Celebrity tweets

@CraigyFerg
I'm at LAX for flight to Minneapolis. Noisy, busy and irritating. And so is the airport. Oy.

@MissKelly0
only my dad would text me at 11pm to go get him some 'strong coffee beans' where the hell do i get strong coffee beans at 11pm! & why????

@Pink
It's women like Bachmann and Palin that set the rest of us back a hundred years.

@JimCarrey
New Yorkers have a tough rep but the fact that so many of 'em live so close without bashing each other over the head amazes me.

Kate Winslet hooks up with a 'boy toy'

▶ Kate Winslet

Kate Winslet is reportedly dating Richard Branson's nephew, Ned Rocknroll, and the pair are currently vacationing in the English countryside, according to Us Weekly.

"Ned is really happy with Kate," the source says, adding that Ned, who is only two years younger than Winslet, feels the actress is "mature and has it all together. [Ned] feels he can learn so much from her. It's sexy — a boy toy situation!" METRO

Biebs is a real Casanova

Justin Bieber knows how to wow a lady. After catching a concert by Demi Lovato with girlfriend Selena Gomez at L.A.'s Nokia Theater, the Canadian pop star brought Gomez next door to the Staples Center, where they watched Titanic — with the whole arena to themselves, according to People magazine. But renting the place out for the night didn't cost Bieber a dime, as the Staples Center's managers were grateful to Bieber for previously selling out the venue three times.

"Romance isn't dead," the singer posted to Twitter the day of the date. "Treat your lady right, fellas." METRO

▶ Selena Gomez and Justin Bieber

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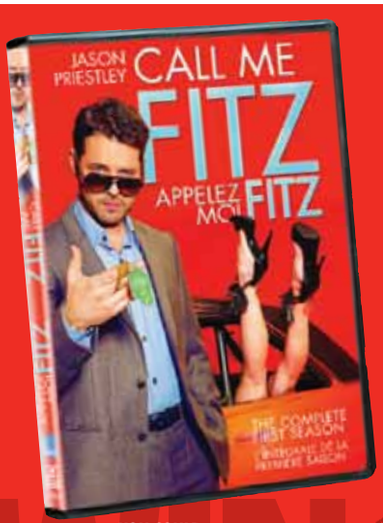

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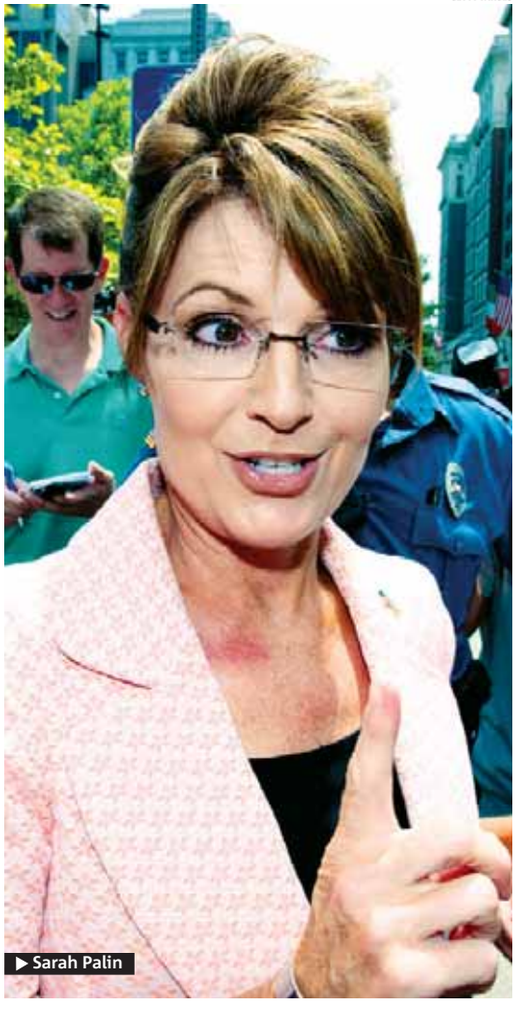
Is Sarah Palin a bad mom?

- A new book alleges so
- Parenting expert Tanith Carey shares what moms should do if they're faced with similar situations

GETTY IMAGES



▶ Sarah Palin

The Rogue, a controversial new book by journalist Joe McGinniss, paints Sarah Palin, the former Alaskan governor, as a coke-snorting, sexually loose harridan. It's unflattering, especially for a mother of five.

We shared some of the most-headline-making accusations with Tanith Carey, a family expert, journalist and author of Where Has My Little Girl Gone? Moms out there might find themselves in similar situations. What should they do?

Palin may have done drugs in the past

The book alleges Palin snorted cocaine off an oil drum during a snowmobiling trip.

SAYS CAREY: "If you did take drugs, explain they always carry the danger that they can make you behave in a way that is out of control, could earn you a criminal record or ruin your career. They also carry the risk of addiction. Explain why and how you made the decision to stop taking them — and make it clear what your attitude is to them now."

She may have had an affair while married

... allegedly with her husband's business partner, although all parties have denied this.

SAYS CAREY: "Children have keen antennae and it's very likely they have already guessed there is something wrong, so be honest. Don't try and justify it — or get them to see your partner as the villain. Expect to face a lot of anger if you are the person who cheated in a marriage, as kids will see it as an abandonment of them, as well as your spouse. But keep them talking."

She may have been sexually promiscuous

... allegedly with Miami Heat basketball star Glen Rice.

SAYS CAREY: "If you are asked about your sexual history, the best policy is to be truthful and tell them about your own experiences in an age appropriate way. But also underline how important sex is at its best as part of a meaningful long-term relationship. Explain that it's never a good idea to use sex to validate yourself or fix an insecurity — as it rarely works."

She would reportedly leave her kids to "fend for themselves"

One source reportedly tells McGinniss: "'I'd walk into that kitchen and Bristol and Willow would be sitting there with a burnt pot of Kraft mac and cheese on the stove ... and Sarah would be up in her bedroom with the door closed saying she didn't want to be disturbed.'"

SAYS CAREY: "Of all the accusations, this is potentially the most damaging. It is at the serious end of spectrum of accusations that are levelled against mothers. As such, it's also most likely to cause the most long-term damage to the parent-child relationship because it implies neglect, which goes against all we expect from parents. In Palin's case, it would very much depend on how often this happened and how old her kids were at the time — and what the risks to them were. But we do live in a society where mothers are expected to wait on kids hand and foot from the tweens and beyond — and that is not good for their independence or self-esteem. Mothers also need to be able to acknowledge that they need down-time too." SAM CASTONE

"If you are asked about your sexual history, the best policy is to be truthful."
TANITH CAREY

3 life

Out, I say

Remove even the toughest stains like red wine, grass and blood the first time.

• DON'T — Rub the stain. This will cause the stain to penetrate further into the fabric.
• DO — Dampen the stain using only cold water. For blood stains gently place salt onto the area and fold the stain letting the salt absorb. When the blood is nearly gone, launder in cold water with a detergent that works in cold water. NEWS CANADA

Patients would have a 'medical home' under system envisioned by family doctors

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Easy, healthy pizza pockets

Serve a snack kids love — but without all the fat and calories

This recipe is fast, easy, and it replicates a convenience food your kids will love, and that you can feel good about.

Tips:

- Hide any vegetable your child doesn't like in these pockets. Kids will devour it once it's covered in sauce and melted cheese.
- Choose bread slices that are square. Square slices are easier to fold in half than rectangular slices.

MATTHEW MEAD/THE ASSOCIATED PRESS

▶ You can hide the nutrition in these pizza pockets.

Ingredients:

- 1 link raw Italian turkey sausage, casing removed (about 125 g/4 oz)
- 1 small zucchini, coarsely shredded
- 60 g (2 oz) fresh mozzarella cheese, coarsely shredded
- 125 ml (1/2 cup) no-salt, no-sugar, fat-free marinara sauce
- 12 leaves fresh basil, torn into bite-size pieces
- 8 slices whole-wheat bread, flattened with a rolling pin
- Extra-virgin olive oil cooking spray

Preparation:

1. Heat oven to broil. In a small saute pan over medium heat, cook sausage until cooked through, using a wooden spoon or spatula to break it into crumbles as it cooks. Drain off any fat.
2. In a medium bowl, mix zucchini, mozzarella, marinara, basil and cooked sausage. Place flattened bread on a work surface. Spoon zucchini mixture evenly in middle of each piece of bread. Fold one corner of each slice to opposite corner and seal edges by pressing with a fork. Trim off excess crust.
3. Place pockets on a baking sheet. Lightly spray both sides of each pocket with olive oil cooking spray. Place on a rack 10 to 12 cm (4 to 5 inches) under broiler and broil until browned and crisp, 2 to 3 minutes. Flip each pocket and then brown other side under broiler, 1 to 2 minutes more. Makes 4 servings (2 pockets per serving).

THE ASSOCIATED PRESS

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Celery root brings out flavour of salmon

Celery root sounds like it's the root of the green stalks most people are familiar with.

Except it isn't. Celery root is from the celeriac plant, a relative of celery that is grown exclusively for its root. They taste similar, though celery root is a little nuttier.

But while they may taste alike, you'll never confuse celery for celery root in the store. Celery root is gnarly, knobby and, quite frankly, unattractive. But peel away the tough outer skin and that ugliness gives way to a fresh taste that can add flavour to everything from salads to stews.

In this recipe for smoked salmon salad, celery root is matched with apples for a delicious low-calorie main dish salad.

Carol Ship Dinner Cruises
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Preparation:

1. In a large bowl, mix together the yogurt, tahini and the reserved ginger liquid. Season with salt.
2. Add the apples, celery root and chopped pickled ginger. Toss gently to coat the apples and celery root evenly. Set aside for 5 minutes.
3. Meanwhile, divide the smoked salmon between four serving plates. Sprinkle the salmon with the sesame seeds, then season with black pepper.
4. Add the watercress to the apple and celery mixture and lightly toss to coat with the yogurt sauce. Divide the salad between the serving plates, mounding it next to the smoked salmon.

Ingredients:

- 125 ml (1/2 cup) fat-free plain Greek-style yogurt
- 10 ml (2 tsp) tahini
- 22 ml (1 1/2 tbsp) pickled ginger, roughly chopped, plus 15 ml (1 tbsp) of its liquid
- Salt, to taste
- 2 Granny Smith apples, grated on a box grater
- 1 medium celery root, peeled and grated on a box grater
- 225 g (8 oz) cold smoked salmon (lox), thinly sliced
- 10 ml (2 tsp) sesame seeds, lightly toasted
- Ground black pepper, to taste
- 1 L (4 cups) watercress

THE ASSOCIATED PRESS

THE ASSOCIATED PRESS

▶ Smoked salmon salad with green apple and celery root — serves 4.

Leaving the leaves alone

Find out why it's better to not get rid of your leaves by bagging them • It can save time, money and energy

BEN KNIGHT
GREEN@METRONEWS.CA

Welcome to autumn. The leaves are changing, and soon lawns and yards across Canada will be covered with an eye-catching tapestry of orange, red and yellow — that will have to be raked up. Or will it? Leaves are organic. They degrade into rich, useful compost and fertilizer. What happens if we all just … leave the leaves?

"The biggest problem is, if the leaves are big, say from a maple tree, they can suffocate the lawn," says garden expert Jeff Mason, a frequent contributor to Canadian Gardening and other magazines. "Usually what we do with leaves like that is run the lawnmower over them, so they get all chopped up. And then they just stay on the lawn, or they can go into the garden."

No raking, no bags — and especially no hauling them off to the local landfill.

"Something in the neighbourhood of 40 per cent of the nutrients that a tree produces in a year are in those leaves that we rake up and throw away," says Mason. "If we just allowed the leaves to stay on the ground, or in the garden bed, this is what feeds and fertilizes trees in nature — their falling leaves."

If you happen to like raking, you can also compost leaves by simply making a big pile of them at the back of your yard. They'll rot down over the winter, and be ready to nourish your grass, trees and plants come spring. And they won't even smell bad!

"It's nothing more than the smell of walking through the woods, kicking up leaves," Mason notes.

"There really isn't any downside to doing this. The alternative is to pay tree guys to come in."

ISTOCK PHOTOS

▶ Experts say that leaving your leaves on the lawn is actually good for the health of your grass and trees.

GREEN INVESTING

I'm new to investing and am doing some research. What are some green companies or stocks I should look into? ***Kristin of Vancouver***

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA

Let's start with the term. What you're searching for is called socially responsible investing (SRI). SRI is what you get when environmental, social and governance factors come together in the selection and management of investments.

SRI investments take into account environmental sustainability or stewardship, labour practices, human rights and corporate governance.

An excellent Canadian resource is the Social Investment Organization. It's a national membership-based organization that includes financial institutions, investment firms, financial advisors and various organizations and individuals interested in socially responsible investment.

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Tuition keeping students stressed: Poll

Survey shows 58 per cent of post-secondary students feel anxious or stressed when thinking about paying school fees

Greg Evans is no quitter. This fall marks the 26-year-old's second attempt to pay his way through university while balancing classes with work.

"Something in my life is going to suffer," said Evans. "My school work is definitely going to suffer, the quality of my life is going to suffer. The quality of my sleep and my health I'm sure are going to suffer."

It will be difficult for Evans, who grew up in the small community of Fonthill in Ontario's Niagara Region, to finance his education. But Evans would rather struggle for a couple of years than live the rest of his life from one paycheque to the next.

Evans first enrolled in classes at Toronto's Ryerson University in 2005 but dropped out after a year because he wasn't able to work enough hours to fund the venture.

Despite the fact that Evans' parents aren't able to cover his tuition, Evans says he doesn't qualify for a loan from the Ontario Student Assistance Program.

The public administration and governance major says that this time around, he's tackling school part-time so that he can put in as many hours at work as he needs. But he's still taking a student line of credit from the bank as a safety net.

"My money's OK," said Evans.

"But if I got sick for, let's say, a week or two, that would put a pretty big dent in my savings. I can't really afford to get sick if I'm going to school again. I have to have a backup of some sort."

Many students who started college or university this fall share Evans' worries.

According to a recent survey by TD Canada Trust, 45 per cent of parents who have kids eligible to start school this fall haven't started putting money away for post-secondary education. A third of them say they'll only be able to cover less than 10 per cent of the cost.

ISTOCK

▶ Balancing school with a job can be a tough combination. But it's something that many students are forced to deal with.

The online survey, conducted in June, polled a representative sample of 640 Canadian parents who have children under the age of 18.

Another TD survey suggests that more than half — 58 per cent — of post-secondary students feel anxious or stressed when they think about how they're going to pay their way through school.

It's no surprise when you consider that, according to a 2010 Statistics Canada report, average student debt on graduation is $18,800. And TD pegs the total cost of school for students living away from home at a hefty $80,000.

THE CANADIAN PRESS

Start on savings

- Scott Plaskett, a certified financial planner from Toronto, recommends automating the transaction so that a little bit of money from every paycheque goes into a savings account.
- "If you have to think about it, it's probably going to fall by the wayside," said Plaskett.
- "So automate your life, from a financial planning perspective, so that what you want to have happen, happens."
- He also suggests putting money into a Registered Education Savings Plan, which attracts extra cash from the federal government in the form of the Canada Education Savings Grant.
- Or, to maximize every dollar, consider putting money into a Registered Retirement Savings Plan, which can reduce the amount of income tax paid.
- Then put any tax refund into an RESP. By taking this kind of holistic approach, said Plaskett, parents can save for their children's education without sacrificing their retirement plans.

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From ‘content to complete’

Cancer survivor Michelle Peavy doing her best to empower women

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

“I came to a fork in the road and chose the fearless route.”

Michelle Peavy has overcome many tough turning points in life to become an entrepreneur, speaker and singer, but her biggest challenge of all was conquering cancer.

Today, she’s healthy and owns a corporate recruiting company with offices in Calgary, Houston and a third opening in Toronto.

As a singer, she has appeared on America’s Got Talent, Jimmy Kimmel Live and is a longtime anthem singer for the NBA’s Houston Rockets. Peavy will be launching her new CD in October.

“We have so much power and underestimate how much we can use. I want women to look deep within themselves and make a difference in their community.”

The ALL Women Summit will be held in Toronto on Oct. 6.

Michelle will be among the inspiring women there who will help you learn how you can live a life filled with intent, strength and action.

“It will be women mentoring women, offering tools and life strategies. I want them to move from a place of content to complete.”

Join Michelle and choose the fearless route. Visit allwomen.biz for more information.

CONTRIBUTED

▶ Michelle Peavy

Horrible bosses can be psychos too: Study

ROMINA MCGUINNESS
LIFE@METRONEWS.CA

METRO WORLD NEWS IN LONDON

Do you hate your boss? Does their vileness go beyond them passing your work off as their own or making you deal with their dirty laundry?

Paul Babiak, psychologist and co-author of Snakes in Suits: When Psychopaths Go to Work, analyzed the personality traits of over 200 corporate professionals across America.

He used the standard Psychopathy Checklist developed by co-author Robert Hare from University of British Columbia. He found that four per cent of them exceeded or reached the cut off point for psychopathy — that’s an average of one in 25 people.

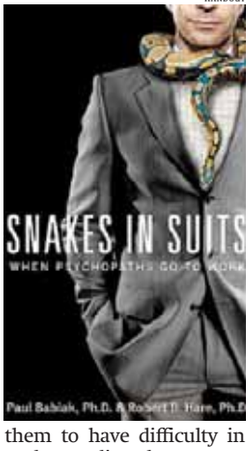
Although psychos are weak on paper (poor performance appraisals), Babiak suggests that they thrive in the corporate world thanks to their ability to convince upper management of their strengths.

“Psychopaths always make a good first impression. They are both charming and grandiose. In reality, they have low managerial skills and have zero loyalty to their company or profession. All they care about is themselves,” he explained to Metro.

In short, psychopaths hide behind a beautiful mask. They come across as charismatic leaders but underneath there’s nothing but a hollow core. They don’t express feelings and show no remorse or guilt, Babiak believes.

Studies have shown

HANDOUT



them to have difficulty in understanding the true nature of feeling, explaining their emotional poverty and acute insensitiveness.

Half of Babiak’s maniac clients have come from the financial service industry. Could the desire for money be meddling with the mind? Babiak thinks psychopaths live a parasitic lifestyle.

“They’re parasitic predators, opportunists that latch on to people like parasites and suck out their resources. They seek an easy way to live life so are naturally attracted to where the money is: financial business.”

Physical mannerisms can betray a psychopath’s true self.

“Research has shown they tend to have an unhealthy relationship with alcohol, known as ‘co-morbidity.’ You may also of heard of the intense psychopathic stare, a blank glare devoid of emotion,” Babiak adds.

Don’t fret. We’re not saying all bosses are on a mission to make your life miserable. Some of you may immediately jump to the conclusion your boss is a psycho because ultimately, we love sticking labels on just about everything in life.

Psychopath or just plain cruel, whatever you do, don’t unleash your boss-related frustration via Facebook feed or tweet your tears. You only risk getting fired and you can wave goodbye to that severance pay.

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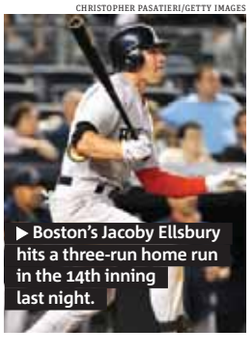


▶ Boston's Jacoby Ellsbury hits a three-run home run in the 14th inning last night.

Ellsbury ensures Sox retain lead

The Red Sox salvaged their AL wild-card lead last night when Jacoby Ellsbury hit a three-run homer in the 14th inning of the nightcap of a doubleheader, lifting Boston over the New York Yankees 7-4.

The Red Sox rallied from a 3-0 deficit to snap a four-game skid and head into their final series with a one-game lead over Tampa Bay.

Boston held a nine-game lead over the Rays entering play Sept. 4 but has gone 5-16 since. Up by 1 ½ games to start the day, the Red Sox nearly wasted that entire lead after losing the opener 6-2 despite Ellsbury's two homers.

Boston finishes in Baltimore, while Tampa Bay hosts the Yankees, who already have clinched the AL's best record and home-field advantage through the championship series.

Ellsbury homered off Scott Proctor (0-2) after a single and a walk.

Franklin Morales (1-1) pitched two innings for the win. THE ASSOCIATED PRESS

Canucks prospects fall to Sharks veterans

San Jose, unbeaten in pre-season, outshoots Vancouver on way to win

DARRYL DYCK/THE CANADIAN PRESS

▶ Vancouver Canucks goalie Eddie Lack stops San Jose Shark Brad Winchester during a goalmouth scramble in Vancouver yesterday.

Tommy Wingels scored two goals as the San Jose Sharks beat the Vancouver Canucks 4-3 in NHL pre-season action last night.

San Jose remained unbeaten after four pre-season games while the Canucks fell to 2-3.

Brad Winchester, who is on a tryout, and Andrew Desjardins also scored for San Jose.

Alexander Sulzer, Cody Hodgson and Nolan Baumgartner replied for the Canucks.

4	3
SHARKS	CANUCKS

The Sharks outshot the Canucks 34-29. San Jose was blanked on three power-play opportunities while Vancouver converted one of nine.

The Sharks lineup comprised mainly veterans while the Canucks went mostly with minor-leaguers and prospects for the second straight night.

San Jose led 2-1 after the first period and 3-2 following the second.

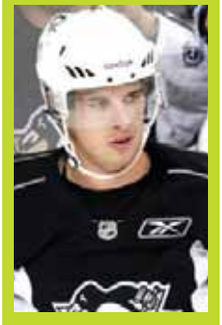
Sulzer opened the scoring for the Canucks 5:01 into the game on a shot from the point that got through traffic and past Sharks goaltender Thomas Greiss.

But Winchester evened the score at 1-1 only 20 second later as he poked the puck through Canucks goaltender Eddie Lack during a scramble. THE CANADIAN PRESS

Canucks file

- Earlier yesterday the Canucks released journeyman forward Steve Begin.
- The Canucks assigned six other players to their new AHL affiliate, the Chicago Wolves.

Quoted



"Everything's been really good. I haven't ran into any issues so far, so it's been pretty smooth."

PITTSBURGH PENGUINS STAR SIDNEY CROSBY, AFTER PARTICIPATING IN A CONTROLLED SCRIMMAGE YESTERDAY AS HE CONTINUES HIS COMEBACK FROM CONCUSSION-LIKE SYMPTOMS THAT HAVE KEPT HIM OFF THE ICE SINCE JANUARY. CROSBY TOOK FACEOFFS AND WORKED ON SET PLAYS WITH TEAMMATES IN HIS FIRST FIVE-ON-FIVE ACTION SINCE TRAINING CAMP OPENED LAST WEEKEND. HE STILL HASN'T BEEN CLEARED FOR CONTACT.

Scan code for more sports.

Patriots no longer Bills' bully

DAVID DUPREY/THE ASSOCIATED PRESS

▶ Rian Lindell and Brian Moorman celebrate the Bills' game-winning field goal yesterday.

Hold on to your seats, the Buffalo Bills are showing they're for real.

Rian Lindell hit a 28-yard field goal as time expired to cap a stunning comeback for a 34-31 victory over the New England Patriots yesterday. The win snapped Buffalo's 15-game losing streak against the Patriots that dated to 2003, and sparked a wild celebration in which stadium officials guarded the goal posts to ensure fans didn't bring them down.

The Bills (3-0) won courtesy of yet another Ryan Fitzpatrick-led rally, overcoming a 21-0 second-quarter deficit. It was reminiscent of what the Bills did last week when they came back from down 21-3 to beat Oakland 38-35.

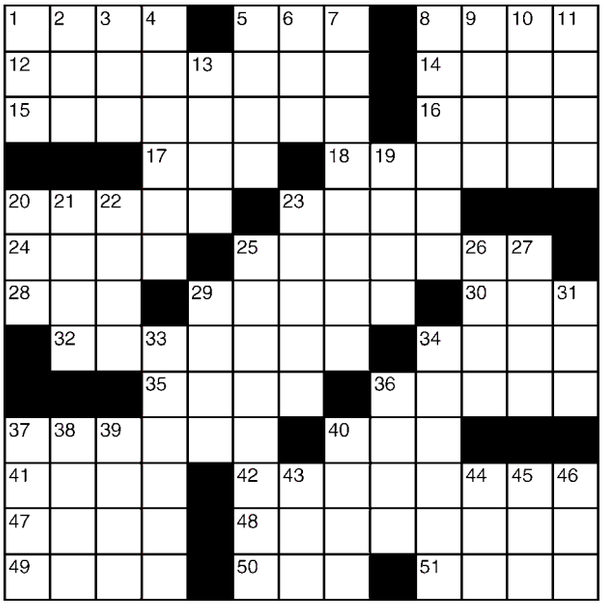
Tom Brady threw for 386 yards and four scores for New England (2-1) and set a league record for most yards passing over a three-game stretch, but matched a career-high four interceptions. THE ASSOCIATED PRESS

Around the NFL

In other action yesterday:

- The New York Giants (2-1) took advantage of the Philadelphia Eagles (1-2) with Michael Vick, pictured, injured again. Eli Manning threw four touchdown passes, and the Giants beat the Eagles 29-16. Vick, who started after suffering a concussion last week, left with a broken right hand in the fourth quarter.
- Matthew Stafford threw for 378 yards and two TDs to rally the Lions (3-0) from a 20-0 deficit before Jason Hanson kicked a 32-yard field goal in overtime as Detroit beat the Minnesota Vikings (0-3) 26-23.
- Aaron Rodgers threw for 297 yards and three TDs to Jermichael Finley, and the Green Bay Packers (3-0) shut down the Chicago Bears (1-2) for a 27-17 win.

Crossword



Across

1 Small salamanders
5 Handgun, slangily
8 Story
12 Pirate's chestful
14 Fine
15 Crime that's gone unsolved
16 Blind trio of rhyme
17 Comic DeLuise
18 "I'm grateful"
20 Refine metal
23 Versifier
24 Walk the floor
25 Snazzy race cars
28 Fire residue
29 Fragrant wood
30 Knock
32 Microsoft communications method
34 Leaf-gathering tool
35 Carbonated drink
36 Tier
37 Primary ore of lead
40 Lummox
41 Touch
42 Doubt that makes you change plans
47 Camera part
48 Finland's capital
49 Rim
50 Historic period
51 Mideastern gulf

Down

1 And so on (Abbr.)
2 To and —
3 Aviv lead-in
4 It comes between a cowboy and his horse
5 U.S. island in the Pacific
6 MGM motto word
7 Don't drink
8 BLT part
9 Related (to)
10 Don't have
11 Sight organs
13 Highlander
19 Mister, in Munich
20 Health resort
21 Korean War sitcom
22 Reverberate
23 Lecterns
25 Migraine, for one
26 Low cart
27 Benefit
29 "Aww, please?"
31 Apiece
33 Dangerous fly
34 Palm fiber used as cord
36 Young fellows
37 Strong wind
38 Not up and about yet
39 Breather?
40 Earthen pot
43 "— the ramparts ..."
44 Conclusion
45 — out a living
46 Can metal

▶ Yesterday's answer

G	A	L		O	W	E	N		R	E	A	R		
E	G	O		R	A	R	E		E	R	G	O		
L	O	V	E	B	I	R	D		V	I	E	W		
		E	D	I	T			B	E	N	D	S		
I	N	S	E	T		P	A	I	R					
B	O	O	N		P	A	R	A	B	L	E	S		
I	N	N		B	O	R	I	S		O	V	A		
D	E	G	R	A	D	E	D		A	V	E	R		
			E	L	S	E		A	R	E	N	A		
S	T	E	A	D			O	P	E	N				
L	I	D	S		L	O	V	E	S	E	A	T		
A	R	G	O		E	W	E	R		S	H	E		
P	E	E	N		D	E	N	Y		T	A	X		

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Sudoku

1				7	4	2		9
9	8						5	
				3	9		6	
	1					5		
			4		6			
		8					1	
	6		7	9				
	3						7	2
5		2	1	8				4

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

2	4	5	9	1	6	8	7	3
6	3	7	2	4	8	1	9	5
8	1	9	7	5	3	4	6	2
9	5	3	4	2	1	7	8	6
4	8	6	3	7	5	9	2	1
7	2	1	6	8	9	5	3	4
3	6	4	5	9	7	2	1	8
1	9	2	8	3	4	6	5	7
5	7	8	1	6	2	3	4	9

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Henry H - You dont understand how happy you make me. I love you so much and I am so happy that I was the one you chose. We have been through somethings and are still growing and making this a stronger relationship. Or friendship turned into love and now everyday I cant stop thinking about you. We are almost at a year and I know our relationship will last longer than that. :) <3 I LOVE YOU. 03-29-11 <3
FROM SUMMER C

Cho cho you're sleeping right now:) you look so cute as always <3 i was playing sudoku and i seen this kiss thing where anyone can post what they want to their friends or love ones. I find it cute so i just want to tell you that i love you and that you're the one i want to marry! You're my first and my last. 080808<3
FROM BABYCHO:)

Today
15°/13°
Rain
90%
Tuesday
17°/13°
Showers
60%
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Today's horoscope

♈ Aries March 21-April 20 Don't look at challenges as things to be avoided but as things to be used for your benefit.

♉ Taurus April 21-May 21 Try to be enthusiastic about what you are being asked to do.

♊ Gemini May 22-June 21 What comes your way today will be pleasant, and what comes your way tomorrow will be out of this world.

♋ Cancer June 22-July 22 YMake an effort to patch up any minor disputes you may be having with partners and loved ones.

♌ Leo July 23-Aug.23 You will be made the proverbial offer you cannot refuse either today and, yes, it's a pretty good deal.

♍ Virgo Aug. 24- Sept. 22 Stop worrying and start working.

♎ Libra Sept. 23-Oct. 23 Don't judge yourself by other people's standards because the simple fact is their standards are way below what yours should be

♏ Scorpio Oct. 24-Nov. 22 Follow your passion wherever it may lead you.

♐ Sagittarius Nov. 23-Dec. 21 If ever there was a time to make an extra effort that time is now.

♑ Capricorn Dec. 22-Jan. 20 Some kind of breakthrough is imminent, so stop fretting that you have not done enough because there is still plenty of time.

♒ Aquarius Jan. 21-Feb. 18 There is no such thing as luck: you get what you deserve in life, nothing less and nothing more.

♓ Pisces Feb. 19-March 20. Think in terms of abundance, not in terms of lack. Your mind creates your world.

SALLY BROMPTON

Caption contest

SAKCHAI LALIT/ THE ASSOCIATED PRESS

ANDY CARPENEAN/ THE ASSOCIATED PRESS

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Terms and Conditions can be found at www.VancouverGold.ca

Honest, Friendly and Transparent Service

We are dedicated to providing honest and transparent service with the highest payouts in the industry and no hidden fees. Everything is done right in front of you so you can be involved in every step, and payments are made in person, on-the-spot.

How it Works....

1. Bring in your unwanted jewellery to our Vancouver or Surrey location.
2. Our friendly and professional staff will test your items right in front of you and involve you in every step.
3. You walk away with a cheque.

WHAT WE PAY

Karat|Price/gram

1oz Maple Leaf Coin (9999)	$1710/coin
999 Gold Coins and Bars	$50.02
24k Jewellery	$40.34
22k	$36.98
East Indian and Nuggets	$32.78
18k	$30.26
14k and dental	$23.53
10k	$16.81
.925 Sterling Silver	$0.60

We also offer refining services for large and dental lots. Please contact us for fee and payout information.

Additional Pricing

Gold Coins

Gold Coins Under 24kt (Per Gram of Gold)	$46.98/gram
Maple Leaf Coins under 1 ounce	$52.50/gram
999 Gold Bars under 1 ounce	$48.64/gram
Silver Maple	$32.16/coin
Silver Bullion	$30.48/ounce

Silver

Unrecognized Silver bars 1 ounce or more	$0.80/gram
Stamped Sterling Silver	$0.60/gram
Stamped .800 Silver	$0.52/gram
Unstamped Solid Silver	$0.43/gram

Canadian Silver Coins

Coins from 1966 or earlier	15.4 Times Face Value
Coins from 1967	12.0 Times Face Value
Coins from 1968	9.3 Times Face Value

American Silver Coins

Coins from 1964 or ealier	16.6 Times Face Value

Platinum

Platinum Jewellery (stamped 950)	$35.95/gram
999 Platinum Coins	$45.65/gram

*Canadian Dollars
Last Update 9/23/2011

Example Purchase 1:

Purity: 14k • Weight: 193.50g

PRICE: $4,553.06

Example Purchase 2:

Purity: 24k • Weight: 6.42g

PRICE: $258.98

Example Purchase 3:

Purity: 14k • Weight: 183.30g

PRICE: $4,313.05

Member of RCBC

604.764.5134

254 West Broadway, Vancouver

(2 blocks East of the Broadway & Cambie Canada Line Station)

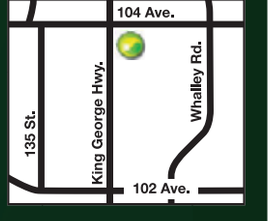
Mon-Fri 9am-6pm, Sat 10am-5pm, Sun 11am-4pm

604.582.4653

120-10362 King George Hwy, Surrey

(London Station Mall - next to London Drugs & near the Surrey Central Skytrain)

Mon-Fri 9am-5pm, Sat 10am-5pm



www.vancouvergold.ca